



May 3, 2011

Adam Wright  
Owner  
Gym 5  
952 Main Street  
Nashville, TN 37206

Adam,

For almost a year now, the men and women from Anode who have been attending your noon Power Lunch workout with Sunil have seen amazing progress in reaching their fitness and weight goals.

Sunil's understanding of body strength training has allowed us to manage our goals almost as if we were each working with a personal trainer. Whether our personal goal has been to add strength, lose weight and tone up or a combination of all, the approach Sunil has taken has allowed us to reach our goals without injury.

Sympathetic to our needs, on a weekly basis Sunil has mixed yoga with strength training, and cardio. On top of that, a healthy weight conscious meal is provided as part of the package.

Monday through Thursday, the staff at Gym 5 has become a part of our corporate culture.

The Power Lunch is one of the best decisions I have made as a business owner. As an added plus, the energy we now have every afternoon carries us through the rest of the day. I would recommend the Gym 5 team to any corporation, large or small.

Sincerely,

A handwritten signature in black ink that reads "Mark N. Magnuson". The signature is fluid and cursive, with a long horizontal line extending from the end.

Mark N. Magnuson  
President